

As a parent, what can I do?

A parent is the primary influence on their children. The messages you want to get across to your children must start early and be reinforced regularly. Focus on short term consequences and appearance. Explain how, over time, drugs and alcohol can hurt them. Find creative ways to illustrate the dangers of tobacco use. Kick your own smoking habit or level with your kids about it. Make them aware that second hand smoke is very harmful. Establish a two-way dialogue with your children about drinking. Know the facts about alcohol use and abuse and talk to your kids about it. Offer loving but firm advice with clear boundaries and consequences. Be prepared for other families to have different standards of acceptable behavior.

**As a parent be an
exemplary role model!**



If you would like to donate to our Too Good for Drugs and Violence Program you may do so by contacting Public Relations or submit the donation to:

**Hobart Police Department
TGFD
705 E 4th Street
Hobart, IN 46342**

**Meet Otto,
Our
Too Good
Mascot!**



Too Good for Drugs & Violence Program



**Public Relations Division
Partners in Public Safety
219.942.1125 Ext. 1070**

The *Too Good for Drugs* Program is designed for grades K-5, 6-8, and high school. Ours is based off of weekly visits to elementary school classrooms by a uniformed police officer. Each school has a ten week lesson plan taught out of a structured workbook with activities. These lessons are taught to encompass a total of three elementary schools in the Hobart School District. *Too Good* is a framework of social and emotional skills that develops goal-setting, decision-making, and effective communication skills.

Too Good also builds additional skills for peer pressure refusal, pro-social bonding, conflict resolution, and media literacy. The program will help to inform and educate kids in why not only drugs are bad but also to learn about themselves and gain a better grasp on how negative alcohol, drugs, and violence are for an entire community.

The *Too Good* program is dedicated to showing young people the amount of impact they can have on the world.



Our Initiative

Is to keep our children safe and free from drugs, violence and alcohol abuse. To install in them the knowledge about the dangers of drug use and ways to resist peer pressure. To teach children refusal skills to become responsible citizens of our community.



The *Too Good for Drugs and Violence* program will open new doors to teaching about drug prevention, as well as informing kids about the possible consequences of their actions. This program is sure to be fun, educational, and help the kids see their full potential as citizens.

Statistics for Drugs and Violence

- Indiana has the 17th Highest Drug Overdose Mortality Rate in the United States
- Tobacco is the number one gateway drug. This can lead to not only the discovering of other dangerous drugs but also to alcohol abuse, and bad behavior.
- Adolescents that engage in tobacco use as well as other drugs and alcohol, are 10 times more likely to be involved in some form of violence, such as fighting at school.
- By the time children in grades K-8 reach high school over 50% of them will have engaged in some form or drug or alcohol use even if that's Just one puff or one sip.

Sources: in.gov, www.drugs.indiana.edu

